



Register on-line for all LoneStar Volleyball Programs: [www.LoneStarVolleyball.net](http://www.LoneStarVolleyball.net)  
 Contact: [AllenL@LoneStarVolleyball.net](mailto:AllenL@LoneStarVolleyball.net)

## LoneStar Volleyball Club Pre-Tryout Clinics & Tryouts

### Club Evaluation Clinics for 2016-17 Teams, 10U-18U

Club Pre-Season Clinics allow athletes the opportunity to work with the LoneStar Volleyball Club coaches and to experience our training methodology. LoneStar Volleyball Club is a junior's affiliate of the North Texas Region of USA Volleyball. The staff of LoneStar Volleyball Club would like to offer a warm welcome to families considering our club for the upcoming 2015-2016 season.

#### Benefits of Club:

- Customized training program based on the Gold Medal Squared standards
- Strong, experienced, professional coaching staff led by former college coaches & scholarship athletes
- Tournaments scheduled for optimum competition and collegiate recruiting exposure

Additional details will be posted on the website at [www.LoneStarVolleyball.net](http://www.LoneStarVolleyball.net) under the main menu heading CLUB as the season draws closer.

10U – 12U Wednesdays 5:30p-7:00p	13U Sundays 1:00p-3:00p	14U Sundays 1:00p-3:00p	15U Sundays 4:00p-6:00p	16U & 17U Sundays 4:00p-6:00p	18U Sundays 1:00p-3:00p
Fee: \$15 for each	Fee: \$20 for each	Fee: \$20 for each	Fee: \$20 for each	Fee: \$20 for each	Fee: \$20 for each
08/03 09/07	07/31 09/11	07/31 09/11	07/31 09/11	07/31 09/11	07/31 09/11
08/10 09/14	08/07 09/18	08/07 09/18	08/07 09/18	08/07 09/18	08/07 09/18
08/17	08/14	08/14 09/25	08/14 09/25	08/14 09/25	08/14 09/25
08/24	08/21	08/21	08/21	08/21	08/21
08/31	08/28	08/28	08/28	08/28 10/02	08/28 10/02

### 2016-17 Open House and Orientation Meetings @ LoneStar Sports Center

Wednesday, August 24<sup>th</sup>, 6:00p-7:00p and Sunday, September 18<sup>th</sup>, 3:00p-4:00p

Learn about the season details and get your questions answered!

### 2016-17 Team Tryouts

LoneStar Volleyball Club will hold team tryouts for USAV ages 9U - 18U for the 2014-15 club seasons soon. Athletes must attend at least one, but preferably both tryout events for their age division. All perspective athletes must pre-register for tryouts.

10U – 12U Saturday, 09/24 3:00p-6:00p	13U Saturday, 09/24 6:00p-9:00p	14U Saturday, 10/01 3:00p-6:00p	15U Saturday, 10/01 6:00p-9:00p	16U Saturday, 10/08 3:00p-6:00p	17U & 18U Saturday, 10/08 6:00p-9:00p
Fee: \$35 2015 LSVBC members \$45 new members					



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